

SNOA VOLLEYBALL – MS COACHES

-Spring 2025





INTRODUCTIONS

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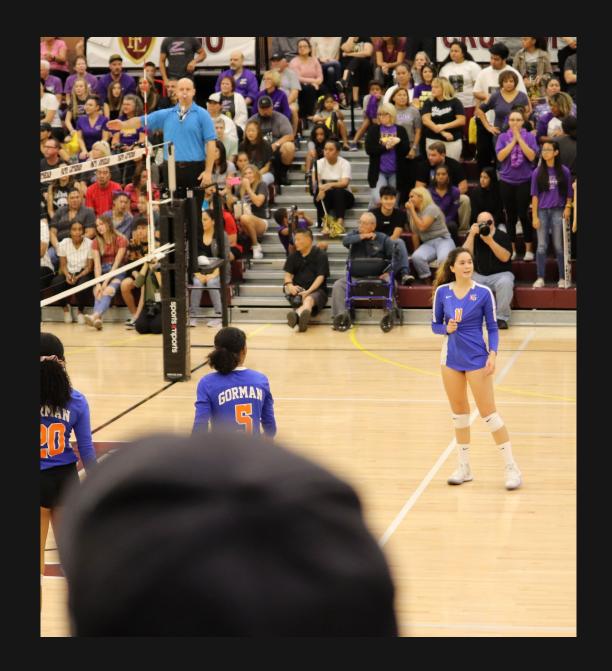




THINGS

Line judges and shaggers

• Who's responsible for the fans?



RULES

- Pre-match conference –
 Coach and Captain
- Roster due at conference
- Home team 8 minutes on court
- Visiting team 8
 minutes on court



RULES

- Starting Lineup due2 minutes beforeend of warmup
- IN NFHS order!
- Vertical!
- First server is always first!

5c 10 12 14 **L-2**

Serve 14	12	10
1	6	5

Receive 12	10	5
14	1	6

UNIFORMS

- No shadow numbers
- Body of numbers must contrast with the shirt color.
- Libero –
 contrasting, no
 more solid color, we
 have a document
 posted: snoavb.com



STUFF

 Any NFHS approved ball is legal during the season, regardless of color combination (except it has to be 1/3 white).



MORE STUFF

- The "chain of command" for match issues is your athletic administrator/director to the Commissioner (Mr. Hanson) to the state rules interpreter (Ms. Townsend/Dr. Robinson) to the NIAA.
- Deletions go from your principal to Mr. Larry Hanson.
- **702-250-1358**

NEHS juanflo29@aol.com

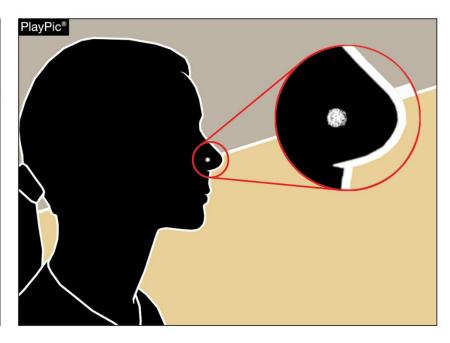




EQUIPMENT AND ACCESSORIES4-1-7





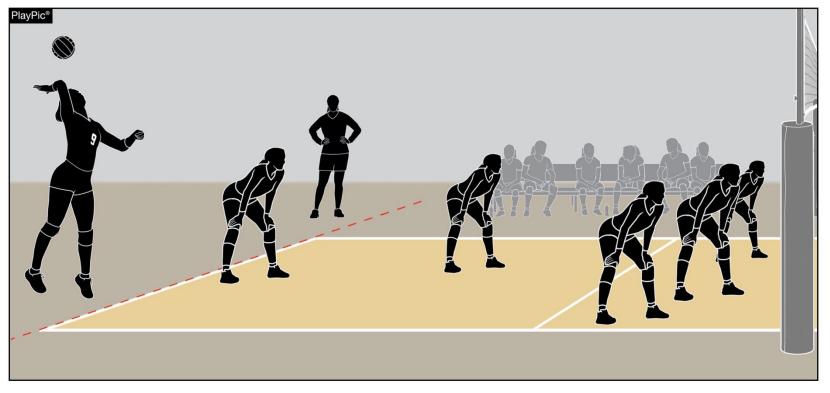


- Small, secured stud or post jewelry may be worn above the chin.
- No jewelry is permitted below the chin.





COACHING ZONE PRIVILEGES



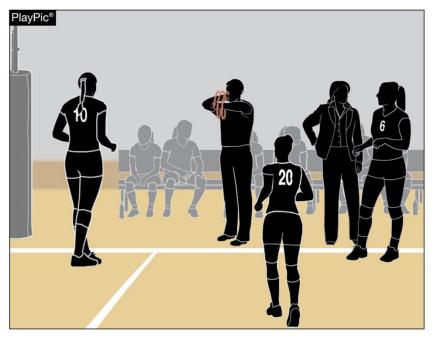


The head coach may stand and coach beyond the libero replacement zone. However, the coach must remain six feet off the court during play and may not cross the sideline extended during dead-ball situations.



CONDUCT 5-5-3b(11), 12-2-6

Dead Ball



Live Ball



- One assistant coach may stand within the coaching zone to provide instruction during dead-ball situations only.
- The assistant coach who stands may change throughout the match **only one** can stand at a time.







BASICS

- Unsporting conduct "consists of acts of deceit, disrespect, or vulgarity, and includes taunting."
- "No player, teammate, coach and/or team attendant shall act in an unsporting manner while on or near the court before, during or between sets."

BAD THINGS

 a. Using disconcerting acts or words when an opponent is about to play the ball;

 b. Disrespectfully addressing a referee and/or other match officials;

 c. Questioning or trying to influence referees' decisions;

 d. Showing disgust with referees' decisions;





WORSE THINGS

- Using profane or insulting language or gestures or baiting/taunting anyone involved in the contest;
- The NFHS disapproves
 of any form of taunting
 which is intended or
 designed to embarrass,
 ridicule or demean
 others under any
 circumstances.



HOW HIGH'S THE NET?

- We are not the fun police
- We are responsible for keeping it fun!



LEARNING THE RULES

Our website contains lots of rule info.

Comparison of college, club, and high school rules

www.snoavb.com

You are not allowed to argue rules involving judgement, you are allowed to ask questions about other rules





